

# NCA Cheer Camp at Husson University

## Camp Information Packet

**Please note:** Unless you are coming as an individual on the "Camp Squad", **all paperwork and payments should be turned in to your coach or camp contact person.** You will make your checks out to either your coach or school, who will send in one payment for the entire team.

### **CAMP TUITION:**

Resident (overnight) campers.....\$	315.00	Resident (overnight) coaches .....	\$ 215.00
Commuter (day) campers.....	290.00	Commuter (day) coaches.....	200.00
Individuals (session 1 & 2 only).....	325.00*		

\*Helps to cover the additional costs of coaching & supervision while at camp.

**DEPOSITS:** An individuals' deposit is applied towards their full cost of camp. Deposits are non-refundable. Deposits CANNOT be applied to the balance of those attending.

**CAMP PAYMENT:** A \$50 per person deposit is required 45 days prior to the camp start date. Full payment is due **30 days** prior to your camp session.

	<u>Deposit Due</u>	<u>Final Payment Due</u>
Session 1 (July 7-10)	May 23	June 7
Session 2 (July 12-15)	May 28	June 12
Session 3 (July 17-20)	June 2	June 18

Deposits are non-refundable and non-transferable. Coaches will collect all payments and will send ONE school check, bank check or money order payable to Tami Campbell or NCA Cheer Camp at Husson (NOT NCA) and send to:

Tami Campbell  
NCA Cheer Camp at Husson  
31 Kennebec Road  
Hampden, ME 04444

Late registrations will be accepted IF there is room in the session. Late registrants must pay in full when they register.

**CANCELLATION POLICY:** If you are unable to attend camp, notify me in writing at [cheerncahc@aol.com](mailto:cheerncahc@aol.com) , or the above address. Be sure to state your name, school and session on all correspondence.

<i>If Cancelled:</i>	<i>Amount Retained/Billed:</i>
15 days prior to camp start date	\$50 per person
8-14 days prior to camp start date	\$100 per person
7 days prior to camp start date	Full Tuition

**REFUNDS:** Requests for refunds must be submitted in writing and received prior to October 1, 2017. Please allow 2-3 weeks after camp has ended to receive refunds. Refund requests can be emailed to [cheerncahc@aol.com](mailto:cheerncahc@aol.com) or mailed to Tami Campbell at the above address.

## **\*\*\*FORMS NEEDED FOR CAMP\*\*\***

There are two forms that all campers need to complete and submit BEFORE THEY ARE ALLOWED TO PARTICIPATE AT CAMP. These can be downloaded from the [mainecheercamps.com](http://mainecheercamps.com) website.

1. **Cheerleading Camp Health Form**: This form is to be filled out by the parent and is not to be confused with a physical examination. Please note that you must have had a physical within the past year, even if your school does not require yearly physicals. A school physical is sufficient.
2. **NCA Participant Release Form**: This form must be fully completed and signed by the parent/guardian.

**DIRECTIONS TO HUSSON UNIVERSITY**: From Interstate 95, take exit 185 (Broadway, Rte.15) in Bangor. Go north on Broadway approximately ½ mile. After you pass McDonalds, get into the left hand lane and look for Husson Avenue on your left. Follow Husson Avenue to the entrance of Husson University. Follow the signs to the GYMNASIUM to check in and receive your dorm assignment.

**CHECK-IN**: Check in at camp will be from 9:00 – 11:00 am. To make registration as fast and as painless as possible, plan to arrive ahead of your campers (if possible) and have only ONE coach come through the registration line to check everyone in.

**ROOMING ASSIGNMENTS**: Plan in advance who will be roommates. We will assign each squad a block of rooms and will give you a rooming list to complete. All rooms are doubles A room is designated for the coach. If there are multiple coaches, they will be assigned to doubles unless otherwise requested and space allows. I generally separate Jr. High and Sr. High squads unless otherwise requested. Please let me know if you have any special requests. I will be as accommodating as possible.

**KEYS**: Two keys will be available per room. **A \$50 key deposit will be collected per team**, and is payable at check in. This deposit (check/cash or credit card) will be returned on the last day of camp when all keys are returned.

**MEALS**: All meals are included for resident campers. The first meal served will be lunch on the first day of camp. The last meal will be breakfast on the final day of camp. Lunch and dinner (but not breakfast) are included for all commuting campers. As well as the regular menu, the Husson cafeteria offers a cook-to-order menu and a salad/sandwich bar. *The lost meal card fee is \$15.00.*

**LODGING**: All rooms have a refrigerator with a small freezer. Your room will be clean and in good repair when you arrive. Your cooperation is expected in keeping the rooms and dorms as they were found. It must be understood by parents and campers that any damage done by the camper will be paid for by those responsible.

**MEDICAL ATTENTION FOR CAMPERS**: An athletic trainer will be in attendance throughout camp. The camp director will see that any injured or ill camper is taken to a medical facility for examination and treatment. All campers must provide their own accident insurance coverage. (Many schools offer a student accident policy.) NCA, Husson University, or the Camp Director assumes no financial responsibility for illness or injuries suffered while at camp. Parent(s)/Guardian(s) will be responsible for all medical bills incurred while at camp.

**VISITORS**: During camp, visitors will not be allowed, as the campers will be extremely busy with camp activities. However, family and friends are invited to attend the final evaluation and awards ceremony on the last morning of camp, which will be in progress from 9:00 am – 11:30 am.

**JEWELRY:** For your safety, **NO JEWELRY CAN BE WORN DURING CAMP.** You will not be able to participate in camp activities until all jewelry is removed. Please wait until after camp to have your ears, or any other body parts pierced!

**SPECIAL RULES:** In order to ensure the health and safety of those attending camp, the following shall be in effect:

1. You must not leave camp at any time.
2. You must not enter an automobile for any reason while at camp.
3. Campers who bring a car to campus must leave the car keys with us until departure time.

**SPENDING MONEY:** Most cheerleaders bring extra money for pizza, soda, ice cream, chips, snacks and other goodies available at the "Snack Shack". \$5-\$10 per day is suggested. It is suggested that you not bring large amounts of cash to camp.

**VARSITY SHOP:** Our camp will have an Varsity Shop full of cheerleading gear and accessories. T-Shirts, sweatshirts, shorts, instructional books and tapes, and more! The NCA Store accepts cash, checks and credit cards, but does not accept gift cards. License # and expiration date information is needed for checks.

**MAIL:** If you will be receiving mail, have it addressed to: YOUR NAME, Cheerleading Camp (dates of camp), Husson University, 1 College Circle, Bangor, ME 04401. The University mailroom is not open over the weekend, so this affects delivery to camps that go over a weekend. Cheerleaders have to "Jump" for their mail, so it's fun to receive mail while at camp!

**CAMP PHOTOS:** You will have the opportunity to be photographed individually and with your squad on the first day of camp. **Please bring your order form and money with you to camp.**

**CAMP SCHEDULE:** To see a typical 4-day camp schedule, All-Star or Performance camp schedule go to our website at [www.mainecheercamps.com](http://www.mainecheercamps.com)

**FINAL DAY SCHEDULE:** Parents, families and friends who would like to watch our final evaluation and awards should plan to **arrive at Husson University at 9:00 and look for us outside** (you can't miss us!)

9:00 am	Final Evaluation for all teams – outside unless raining
10:15 – 11:30	Final Awards in the Gymnasium
11:30	Check out of camp

### **\*\*\* SPECIAL ACTIVITIES \*\*\***

**SWIMMING:** The pool will be open during the afternoon break for campers. Specific times will be announced at camp. Also, we'll have a late night swim on the last night of camp!

**FUN DAY:** The third day of camp is "FUN DAY". The theme this year is UP. Fun day is a chance for teams to dress up, let loose, and let their spirit shine through! This year, it is up to your team to show their creativity and decide what to wear! Ideas include choosing a holiday theme that you could repurpose later in the year, an awareness theme, or let your seniors decide! Be creative, but don't stress - just have FUN! **Be sure to bring extra as you will have the opportunity to dress up your buddy instructor for our Fun Day Parade!**

**POSTER CONTEST:** Continue to show your school spirit as you design you own homemade banner, pennant or poster to hang in the gym throughout camp. Your signs may be no more than 3 ft. X 6 ft. **(18 square ft.)** Prizes will be awarded!

**JUST FOR FUN:** Due to strict fire regulations no hall decorations are allowed, but make a fun nameplate for your door so we know who you are and where you're from!

**IMPORTANT** - Don't forget your completed Release Form and Health Form. **You will not be able to participate in camp activities without signed forms.** Coaches will collect these prior to camp.

**\*\*\* WHAT TO BRING TO CAMP \*\*\***

- Linens, pillow, blanket
- Toiletries (toothbrush, toothpaste, shampoo, feminine hygiene products, etc.)
- Towels, washcloth and soap
- Sunscreen
- Insect repellent
- Rain gear/umbrella
- FAN
- Aces or braces (if needed)
- Alarm clock
- Extension cords
- Large paper bag (for in-room trash can)
- Hangers
- Tanks/ T-shirts/ shorts – 3 sets
- Sneakers
- Swimsuit
- Any necessary medication
- Matching camp wear for pictures (uniforms are not necessary)
- Water Bottle
- Money for the NCA Store and Snack Shack
- A GREAT ATTITUDE!!!

**All rooms have a refrigerator with a small freezer!**

Optional Items:

- Stationary & stamps
- Camera & film
- Night light
- Writing paper and pen

**Coaches should plan to bring a CD player OR download music beforehand.**

*Individuals who are cheering on the Camp Squad should bring a pair of black shorts and plan to purchase the Camp T-Shirt for \$10.00 for the camp squad uniform.*

***See you in July !!!***

NCA Cheer Camp at Husson  
Tami Campbell, Director  
31 Kennebec Road  
Hampden, ME 04444

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Fax: (207) 862-3349  
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Website: [www.mainecheercamps.com](http://www.mainecheercamps.com)

***Check us out on Facebook....NCA Cheer Camp at Husson***